

## Wound Care:

- Keep wound dry for the first 24 hours following the procedure.
- The large dressing (directly on the wound) is to stay on until you return to have the sutures removed. Occasionally some skin types can become extremely irritated from the dressing, so do remove this if necessary.
- A smaller padded dressing is placed on top of the larger dressing, due to a small amount of wound ooze which is to be expected. This padded dressing is to be removed prior to your first shower, but leave the underneath dressing intact.
- The remaining dressing can get wet in the shower and can then be patted dry.
- Do not soak wound in bath, spa, or swimming pool.
- Avoid activities that will put extra strain on the wound area eg. heavy lifting, sporting or gym activities (check activities with your Doctor).
- If wound bleeds, apply firm pressure with a clean cloth or gauze directly to the wound for 10-15 minutes or until it stops. If this fails to control bleeding please phone us, (03) 3555089.

## Shave biopsy:

- Remove dressing prior to showering but replace as required. Gently smear wound with Vaseline 2x per day until wound heals.

## Pain:

- When the local anesthetic wears off (1-4 hours) you may require some pain relief. Paracetamol/Panadol is all that is required.
- Your wound may or may not be uncomfortable during the first 24 hours and this is normal. However, if the pain increases after this time please ring Molecheck or your GP.

## Wound Infections:

- Wound infections do not occur very often.
- Be aware of the following signs and symptoms –
  - Increasing pain
  - Redness
  - Feeling of heat around the wound
  - Discharge of pus
  - General unwellness

If you develop any of these signs, please contact Molecheck or your GP promptly, as you may need antibiotics.